



Scan for full report:

GTA Chinese Communities: Family Service Needs Assessment - Part 1

Erica Lo#, Jessie Tse, Alex Fong, Anthony Chui, Helen Poon, Teddy Cheung.

BACKGROUND

With the recent influx of Chinese-speaking residents immigrating Canada:

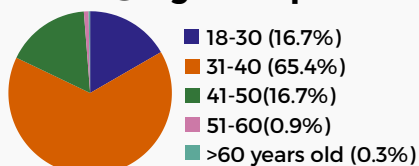
- More than 70k Hong Kong residents received Open Work Permit and Open Study Permit since 2021
- At least 230k residents in Toronto: Cantonese is mother tongue

METHOD

Participants: $n = 335$ parents & expectant parents

Measures: Family Needs Questionnaire, Parental Stress Scale

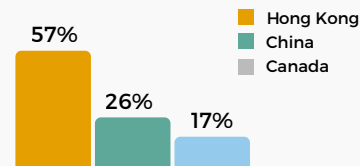
Age Group



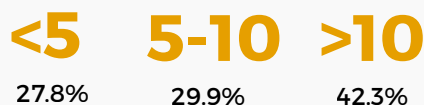
Gender

Cis-man (35.8%)
Cis-woman (62.7%)
Trans-man (0%)
Trans-woman (0.9%)
Prefer not to say (0.6%)

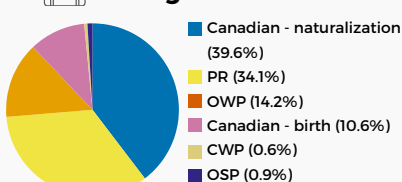
Place of Origin



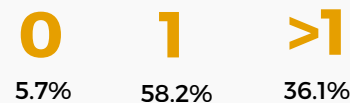
Length of Residency



Immigration Status



Number of Children



FINDINGS

1. Mismatch of important needs and unmet needs

Child's needs
Parent's needs
Family's needs

Top 5 Important Needs	Top 5 Unmet Needs
Peer Friendships (86.5%)	Program/ Service Information (67.8%)
Non-family socialization (83.2%)	Alone Time with Partner (66.0%)
Decision Agreement (78.3%)	Time with Friends (62.4%)
Weekend/ Social Activities (72.2%)	Access to Professional Support (60.8%)
Sufficient Rest/ Sleep (70.9%)	Breaks from Responsibility (60.6%)

2. Factors influencing parental stress:

Age Group

18-30

Place of Origin

Canadian-born

Length of Residency

<5 years

Number of Children

>1

Immigration Status

Study permits

3. Language plays a part

86.7% Need Native
Language Programs



GTA Chinese Community: Service Need Assessment - Part 2 Qualitative Phase

Jessie Tse#, Erica Lo, Alex Fong, Anthony Chui, Helen Poon, Teddy Cheung*



BACKGROUND

Recent influx of Chinese-speaking newcomer families from Hong Kong to the GTA has increased the need for culturally responsive family services, despite limited research on their current experiences and support needs.



OBJECTIVES

To identify:

- Unmet family needs
- Parental stressors
- Barriers to service access



METHODS

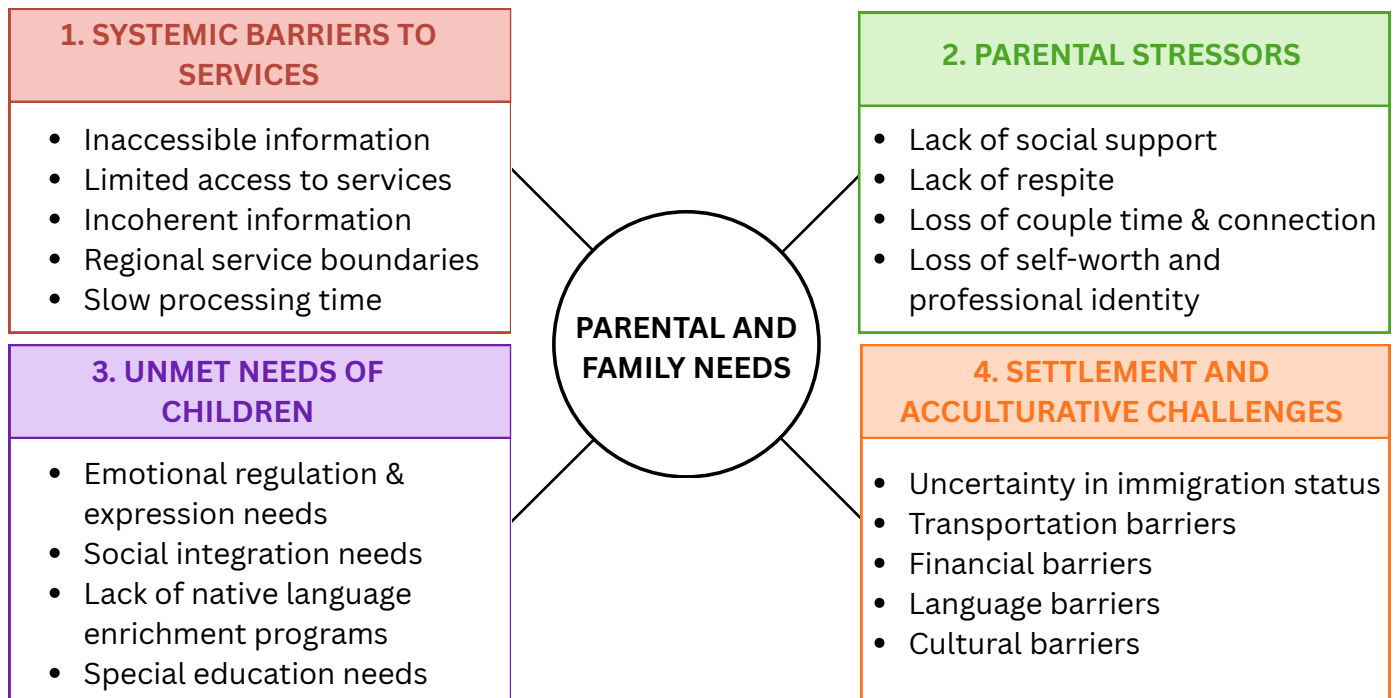
- Focus group interviews (n=18)
- Inductive thematic analysis



KEY TAKEAWAY

Identified themes impacted both **parent** well-being and **child** development

KEY FINDINGS: Parents' lived experiences revealed **four major themes** and related **subthemes**



CONCLUSIONS: Newcomer parents experienced overlapping systemic and psychosocial challenges that increased stress and limited access to support, highlighting the need for coordinated and culturally responsive family services in the GTA.

Scan for Full report:

